



SPA THERAPY
"The Gold Standard of Therapy"

Patient Consent for Facial Procedure: Microcurrent

Client Name: _____

Date: _____

This treatment combines organic skin care products and bio-electronics. With the use of Microcurrent technology, we are able to effectively and non-invasively care for the skin in the deeper layers of the epidermis. Outlines of the face are strengthened and naturally lifted with the 'toning' phase of the treatment. Tissue repair and waste is eliminated from the face in the 'detox' phase of the treatment, which is included in our acne facial. Soft tissue restructure and skin repair will be the results. The results will be lasting because the cells are repaired and tissue has been re-built. We recommend series of 6-10 for long-lasting results.

Contraindications:

If you have any of the following conditions, you are not a candidate for this procedure. Please circle any of the following conditions that you have currently.

Epilepsy
Seizure
Thrombosis Phlebitis
Cardiac Pacemaker
Metal Facial Implants

I have read and understand the above descriptions and conditions of the procedure(s) I have marked. I am responsible to inform the Skin Care Therapist if any of the contra-indications for the procedure exists.

signature

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Patient Consent Form for Facial Procedure: Glycolic or Natural Acid Peels

Client Name: _____

Date: _____

These surface peels are used to treat many skin problems such as acne, pigment changes, and sun-damaged skin. The acid removes the surface skin cells so that the deeper cells can rebuild. This process results in a better look and quality of the skin. Professional Peels are known for the way they soften skin, improve sun damage, reduce fine lines, reduce mild scars, and improve pigment flaws. They may not remove deep scars, or pigment problems in those with dark skin. With any type of peel, there is a risk for problems such as excess discoloring and scarring. However, unlike deeper peels, Glycolic or Natural acid peels have a low risk for problems.

Our BiON Glycolic acid peel is a 30% glycolic acid concentration with a 2.3 pH. It is an aggressive exfoliation treatment. It will smooth the skin, visibly reducing acne scarring and/or fine lines.

Our Natural Acid Peels consists of Flower Acids, Azelaic Acid, Mandelic Acid, Malic Acid, Citric Acid, Lactic Acid, Actiwhite™. Inhibits the maturing of melanosomes to reduce dark spots and lighten skin.

Before the Treatment

For one week before the treatment, you should avoid things that could bother your skin such as electrolysis, waxing, hair removal creams, masks, hair dyes, perms for hair, hair straightening treatments, and Retin A. If you use face cream, which has a mild alpha-hydroxy acid (AHA), you should keep using it before the acid treatment.

After the Procedure

Your skin may look slightly pink for a few days. During this time, your skin may be more likely to sunburn. You may also notice a small amount of skin flaking like what you have after mild sunburn. This is normal and will go away in a few days. Some patients may not have much flaking but still have good effects from the peel.

Care after the Procedure

1. Avoid sun for the next week. If you are unable to avoid the sun wear a sunscreen with an SPF of at least 30 and a wide-brimmed hat.
2. Apply a moisture lotion 2 times a day until the skin appears normal, about 3-7 days, unless advised to do otherwise.
3. Wash the treated area very gently. To avoid the chance of scarring, avoid picking, peeling, and scraping your skin.
4. Avoid using any irritants such as Retin A®, alpha-hydroxy acids, masks, or astringents for 1 week or until redness or sensitivity has gone away.
5. You may begin wearing make-up later in the day, if your skin is not sensitive. Otherwise, wait for the sensitivity to go away.

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6. If the chin area has been treated, men should not shave for 2 days or until any redness has gone away.

Problems

1. Normal side effects may include mild irritation, sensitivity, redness, or minor skin breakout right after and up to a few weeks after the peel.

2. More serious side effects, which you should notify our office immediately are:

- severe redness
- tenderness
- swelling
- pus
- cold sores or blisters

If you have any of the following conditions, you are not a candidate for this procedure. Please circle any of the following conditions that you have currently.

Skin Sensitivity

Autoimmune Disease

Black or Dark Olive Skin

Cuts or bruises on area to be treated

Eczema

Herpes

Pregnancy or Nursing

Seborrhea

Tobacco use

Allergies

Skin thinning drugs or application (Retin-A, Accutane, etc)

Sunburn

Exposure to UV light (Indoor Tanning)

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Patient Consent for Facial Procedure: Hydro-Microdermabrasion Treatment

Client Name: _____

Date: _____

Hydromicrodermabrasion is a crystal free method to the microdermabrasion process. It is the latest renovation in skincare technology. Utilizing water jets, the outer layer of the skin will be broken up. This will reveal a smoother, more even texture of the skin. It is perfect for those that want to exfoliate the skin but have extremely sensitive skin. This procedure is gentle and very relaxing, with no discomfort felt. Skin will be slightly pink after treatment, but will subside quickly thereafter.

If you have any of the following conditions, you may not a candidate for this procedure. Please circle any of the following conditions that you have currently.

Skin Sensitivity
Autoimmune Disease
Cuts or bruises on area to be treated
Eczema
Herpes
Pregnancy or Nursing
Seborrhea
Allergies
Skin thinning drugs or application (Retin-A, Accutane, etc)
Sunburn
Exposure to UV light (Indoor Tanning)

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