

spa therapy detox foot therapy

The "Why and How"

Due to increasing population and industrial waste, our environment is suffering like never before. Air and water pollution is everywhere you go. Almost everything you put in your mouth and inhale through your nose has some component of chemicals which can be harmful to our health.

The immune system and your bodily functions can no longer operate at their peak because of the chemicals and wastes that each of us ingest through our nostrils or consume through our mouths. , it is not surprising that there is a rise in incidences of cancer, diabetes and strains of different lethal viruses, such as the bird flu virus.

There are many things you can do to help your body regain its health and vitality. An important first step to a healthy body and mind is detoxification, the process by which you eliminate wastes, chemicals, allergens and toxins out of your body.

Our bodies naturally detoxify through the liver and kidneys, but our bodies were never designed to manage the toxic load in today's environment. Our healing energy detox unit utilizes the power of electricity to give the detoxification process a boost not only by extracting toxins during the 30 minute session, but also by stimulating the body's systems, an effect that can last for days after the treatment. This will stimulate your own body's regenerative process for prevention and healing.

With a Healing Energy unit, your body is completing an electrical circuit where a small current, too low for you to feel, is passed through your body stimulating and creating an energizing and refreshing effect. At the same time, a larger current is directed to the array placed in the water, creating an electrolytic cell. An electrolytic cell decomposes chemical compounds by means of electrical energy, in a process called electrolysis. The result is that the chemical energy is increased. Electrolysis is highly important as a stage in the separation of elements, the breaking-up or decomposition of cells. This process pulls the positively-charged toxins out of the body through the very large pores found on the skin of the feet. Coincidentally, the largest sweat glands in the body are located in the feet. It is as if nature has equipped us with a mechanism for detoxifying through the feet where gravity causes harmful substances to settle and accumulate.

As part of this process, gas is released, either oxygen or hydrogen. Bubbles will form dependent on the amount of gas released from the body during the process.

The research indicates this electrolysis process will benefit those who suffer from Migraines, Hypertension, Edema, Depression, Fatigue, Psoriasis, Eczema, Arthritis, Asthma, IBS, PMS, ME, MS, Diabetes, Acne

In addition, reported improvements in: Sleep pattern, Skin texture, General metabolism, Liver & kidney function, Alertness, Hair condition, Blood Sugar, Acidity Levels, Blood Pressure, Cholesterol Levels, Thyroid Imbalance.

We Thank You for your interest in alternative health care and prevention.

Jennifer Nagy-Cordray & Wellness Team

751-5166 www.YubaCitySpa.net